



## Online Parent Workshops

Aimed at parents of children in primary school

Understanding Your Child's Behaviour 04/10/23 5.30-7.30pm

Understanding Sleep and Autism 16/10/23 12.30-2.30pm

Understanding ADHD in Children 30/10/23 5.30-7.30pm

Understanding Resilience 13/11/23 10.30am-12.30pm

Supporting Your Child with Worries & Fears 28/11/23 5.30-7.30pm

Introduction to Understanding Autism 13/12/23 10am-12pm

*\*Workshop times alternate from term to term*

Our online workshops offer information around key topics to help understand what is going on for your child and strategies to support them, based on the latest evidence and practice.

If you would like to join, please raise your interest with your child's school so that they can send you the link. If you have any questions please speak to your child's school.

Our workshops are held on Microsoft Teams. You do not need an account to join. You will need access to the internet. Currently, this workshop is only available to parents/carers of children attending a EWT/EST school. Please speak to your child's school or check our website for our list of schools.

We look forward to meeting you.

